

## Health Care

### Medical Form

The Health Department of the State of Massachusetts requires a completed and signed Medical Form for every camper to participate in camp.

USGTC requires that each camper have a physical exam within 12 months of attending camp.

**Important – You must sign the authorization on the bottom of the first page.** Any forms that are sent incomplete and/or not signed will have to be returned.

Some Physicians have their own abbreviated medical forms that do not meet our needs. Ask your Physician to use our form; otherwise we must receive both forms. The American Camping Association in cooperation with the American Medical Association and the American Academy of Pediatrics developed our Camp Health History Form.

If your child develops an illness or medical condition after you have returned your medical form, please contact us. Also if your child has special requirements at camp such as food allergies, diabetes, etc. we need your health history forms and medical information as soon as possible, no later than May 15. The deadline for mailing the Health History Form is May 15.

### Prescription and Non-Prescription Drugs

If your child takes any prescription medication you must use the Authorization to Administer Prescription Medication form. This form is to be brought to camp with the medication. The medication form must be filled in and signed by your child's physician and then signed by the parent.

- A separate form must be used for each medication
- All Prescription medication must be in the original container bearing the pharmacy label with its name, address, telephone number, the Rx was filled with the pharmacist's initials. Also the form must have the name of the medication, direction for use and any cautionary statements (if applicable). The dosage on the bottle must be the same dosage as written by the prescribing practitioner.
- Bring only the # of capsules/tablets which may be needed for the camp stay.
- Campers with severe allergies requiring an epi-pen are allowed to bring 2 pens to camp, one for their gym bag and one for the nurse. Campers that need an inhaler are also allowed to bring 2 inhalers.
- In order for your child to receive any over the counter medications such as ibuprofen, Tylenol, Benedryl, etc., you must have your physician complete the Non-Prescription Medication Form, each medication listed needs to be initialed and then the form must be signed by physician and parent.

#### Required Forms Checklist

- Health History Form – Returned by May 15
- Photo Copy of Insurance Card (front and back)
- Non-Prescription Authorization Form- for over the counter medication
- Authorization to Administer Medication Form – Bring to camp with medication (only for prescription medication)

Please mail to: USGTC Summer Camp      Before May 15  
P. O. Box 4088  
Tequesta, FL, 33469